

# SMILE!



It's easy to find a network dentist or specialist.

Finding a Cigna Dental Care® (DHMO) network dentist or specialist is quick and easy – whether you prefer searching online or speaking to a customer service representative.

Let us show you how:

### You can find a DHMO network dentist from the online directory on Cigna.com

- › Go to **Cigna.com**, click on “**Find a Doctor**” at the top of the screen.
- › Then, choose a **Directory** by clicking on the “If Your Insurance Plan is Offered through Work or School” option.
- › Next, click on “**Find a...Dentist.**”
- › Enter **SEARCH LOCATION** – city, state or zip code.
- › **SELECT A PLAN** by clicking on the **Pick** drop down icon and electing “Cigna Dental Care HMO” under the **Dental Plans** section. Then press choose.
- › Look for the dentist that state “In-Network”
- › If you want to narrow your search, you can also type in **key words**, like dentist name, specialist type or office name. Then, click “**Search.**”
- › From the **Search Results** page, you can further refine your search results – by distance, specialty, years in practice and additional languages
- › Click on a dentist's name for more details, including multiple location listings with map view.

### Go to myCigna.com – the easiest way!

**myCigna.com**\* automatically knows which Cigna dental plan you belong to. Your home zip code will be entered automatically, but you can change the zip if you are looking for a dentist in another area. Once you're enrolled, you can search for a network dentist by name, specialty or location at **myCigna.com** (registration is required).

- › After logging in to **myCigna.com**, click on “**Find a Doctor**” or “**Service**” at the top of the page.
- › Enter your search criteria and click “**Search**”, OR
- › Click on “**Dentist**” under the “**Find a Person**” heading and double-click a specialty dentist by category.

This information is also available on the myCigna mobile app.

### Call us at 800.Cigna24 (800.244.6224)

For assistance locating a Cigna network dentist or specialist, use the automated Dental Office Locator or speak to a customer service representative. You can also request a customized directory based on the type of dentist you are looking for in your area.

### Call your current dentist to see if he or she participates

When you call, be sure to ask if your dentist participates in the Cigna dental network for your plan.

### Call or click to find a network provider that's right for you

At Cigna, we are dedicated to providing better savings, better health and a better customer experience. Our goal is to support you and your dental health. From full-service to self-service, Cigna has your provider search covered.



Dentists who participate in Cigna's network are independent contractors solely responsible for the treatment provided and are not agents of Cigna.

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