

# 9489 Let's Celebrate 30-10-30 – Vanilla Cupcake

>51% WHOLE GRAIN – 1.5oz

**SBI CODE # - 9489**  
**UPC ITEM# - 091464948908**

Nutrition Facts	
Serving Size 1.5oz (43g)	
Servings Per Container 1	
Amount Per Serving	
Calories 140	Calories from Fat 20
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat .5g	4%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0.5g	
Cholesterol 20mg	7%
Sodium 170mg	7%
Total Carbohydrate 27g	9%
Dietary Fiber 6g	23%
Sugars 7g	
Protein 2g	
Vitamin A 0%	•
Calcium 10%	•
Vitamin C 0%	
Iron 4%	

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: CAKE: WATER, WHOLE WHEAT FLOUR AND UNBLEACHED ENRICHED FLOUR(WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, POLYDEXTROSE, EGGS, GLYCERINE, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, WHEY (MILK), LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, CITRUS FIBER, EGG WHITES, NONFAT MILK, SOY FLOUR, DEXTROSE, CORN STARCH, SOY LECITHIN, SORBITAN MONOSTEARATE, MONOGLYCERIDES, POLYSORBATE 60, ARTIFICIAL FLAVOR, ACESULFAME POTASSIUM, SURALOSE (NON-NUTRITIVE SWEETNER), MONO-&DIGLYCERIDES, PRESERVED WITH POTASSIUM SORBATE, SORBIC ACID, AND SODIUM PROPIONATE. ICING: MALTITOL, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: PALM OIL, CALCIUM CARBONATE, CORN SYRUP, SUGAR, CALCIUM SULFATE, DEXTROSE, SOYBEAN OIL, SALT, AGAR, TITANIUM DIOXIDE (COLOR), GUAR GUM, SODIUM HEXAMETAPHOSPHATE, MONO-&DIGLYCERIDES, ARTIFICIAL FLAVOR, POLYSORBATE 60, MONOGLYCERIDES, PRESERVED WITH POTASSIUM SORBATE AND SORBIC ACID (TO RETARD SPOILAGE).

CONTAINS: WHEAT, EGGS, MILK & SOY  
 MANUFACTURED ON SHARED EQUIPMENT THAT ALSO PROCESSES PRODUCTS CONTAINING WALNUTS & COCONUT. PEANUT/PEANUT DERIVATIVES ARE PRESENT IN THE FACILITY

## PRODUCT CONTRIBUTION

GRAIN CREDIT: ½ oz grain equivalent  
 GRAMS OF FLOUR: 10.16g  
 GRAMS OF WHOLE GRAIN: 5.19g  
 GRAMS OF ENRICHED: 4.96g  
 PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 51%  
 DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: Yes

## PRODUCT HIGHLIGHTS

- Smart Snack Approved
- Qualifies as Whole Grain Rich
- 16% calories from fat, 3.2% calories from sat fat, 16.2% sugar by weight (30-10-30)

## SUGGESTED BID SPEC

**Goodyman Let's Celebrate 30-10-30 >51% Whole Grain(Vanilla) code/9489- 72 - 1.5 oz.** Frozen, I.W. printed film, no sprinkles. Thaw & Serve cupcake. Must conform to USDA Child Nutrition Program specifications and meet ½ oz grain equivalent. *Must meet 30% or less calories from fat, 10% or less calories from sat fat, and 30% or less sugar by weight.* Must supply 6g fiber, 7g sugar. Student preferred brand Super Bakery's Goodyman product #9489. Made in the USA, Peanut Free Product. Product analysis required.



## CASE SPECS

cs/ct	72 (12 iw cc per tray - 6 trays per case)
case dimensions	14.75" L x 10.875" W x 10.625" H
case cube	.99
case weight	7.75 lbs
cases per pallet	88
TiHi	11 x 8
shelf life	frozen: 12 months / ambient: 16 days

PRESIDENT, SUPER BAKERY, INC.

