

Adapted Physical Education (APE)

Adapted physical education is a program for students with disabilities from kindergarten through 21 years of age. This is a diversified program of developmental activities, games, sports, aquatics and rhythmical movements suited to the interests, capacities, and limitations of students with disabilities who may or may not safely or successfully engage in the activities of a general physical education program. *Instructional, consultive, and/or monitoring* services are provided to students in the least restrictive environment ranging from a segregated environment, one-on-one and small group settings, to inclusion in general physical education.